



# Stride Community School Newsletter

7014 Stride Avenue,  
Burnaby, B.C. V3N 1T4

604-296-9032 [StrideAvenue.info@burnabyschools.ca](mailto:StrideAvenue.info@burnabyschools.ca)

## June 2026

**PRINCIPAL** – Mr. Hiltz  
**HEAD TEACHER** – Mr. Cockram  
**COMMUNITY SCHOOL  
COORDINATOR** – Ms. Krishna  
**SECRETARY** – Ms. Giovanetti

### IMPORTANT DATES IN SEPTEMBER

#### SEPTEMBER 8

First day of school (9am-10am)

#### SEPTEMBER 9

Full day of school (Grades 1-7)

#### SEPTEMBER 14

First day of breakfast program

#### SEPTEMBER 25

Professional Day – No School

#### SEPTEMBER 29

Orange Shirt Day

#### SEPTEMBER 30

National Day for Truth and  
Reconciliation (No School)

### TO REPORT AN ABSENCE FOR YOUR CHILD

#### PHONE

604-296-9032, press 2 and leave a  
message on the absentee voicemail

#### EMAIL

[StrideAvenue.info@burnabyschools.ca](mailto:StrideAvenue.info@burnabyschools.ca)

Dear Stride Families

As we wrap up another wonderful school year, we would like to extend our heartfelt thanks to all our students, families, and staff for making this year such a success. Your support, partnership, and commitment to our school community are greatly appreciated.

We wish all our families a safe, happy, and restful summer filled with special moments together. We hope you enjoy the opportunity to relax, recharge, and create lasting memories with your loved ones.

We are excited to welcome everyone back in September in our brand-new school building! We will share more information about the transition and school start-up procedures before the beginning of the 2026–2027 school year.

As usual, during the first days of school, students will return to the teacher they had during this school year while class placements and organizational routines are finalized.

Thank you again for a fantastic year. Have a wonderful summer, and we look forward to seeing you in September!

Sincerely,

Mr. W. Hiltz

**HAVE A GREAT**

*Summer*

## GOOD-BYE AND GOOD LUCK



As the school year ends, we will be saying goodbye to some of our wonderful Stride staff members. We are grateful for all they have contributed to our school community and wish them all the very best in their next adventures.

We would like to wish good luck and farewell to:

- **Ms. Corina Anderson** (Teacher)
- **Ms. Aida Hansen** (Education Assistant)
- **Ms. Jane Rumimpunu** (Education Assistant)
- **Ms. Gaila Amores** (Education Assistant)

**Ms. Dina Palamar** (Settlement Worker) will be away next year as she welcomes a new baby into her family. We wish her and her family all the best during this exciting time.

We would also like to congratulate **Ms. Cheryl Chan** on her retirement at the end of this school year. Thank you for your many years of dedication to our school and our students. We wish you a wonderful retirement filled with gardening, special moments with your grandchildren, and all the happiness you deserve.

You will all be missed, and we thank you for being such an important part of the Stride community!

## LEARNING UPDATES AVAILABLE ONLINE NOW

Parents/Guardians – we hope you have been able to view your child’s Learning Update online by now. Please note that given the fact that we are entering summer holidays, the viewing time has been extended until September 4, 2026, for your convenience. Please make sure you take the opportunity to view your child’s Learning Update as this is an important part of their learning process.

## INDIGENOUS DANCE PROGRAM



Students from K to Grade 7 had the opportunity to learn about Indigenous culture and tryout both Hoop and Powwow Dancing on June 3 and 4<sup>th</sup>. The instructors, Chelsey and Noah are both from the Erock First Nations and they learned their cultural dances from the Elders in their lives. Students learned about the importance of the dance regalia as well as the difference in speed and style of movement in the different types of dances such as Fancy dance. They also enjoyed trying to name the different animal shapes which were made as Chelsey used the hoops to create images. Thank you to the Stride Avenue Community Council for providing some of the funding to support these two days of dance workshops!

## MINI WORLD CUP FESTIVAL



On Monday, June 15<sup>th</sup> more than 200 students from 5 local schools (Edmonds, Morely, Second Street, Stride and Twelfth Avenue) gathered to celebrate the beautiful sport of soccer. Over 40 students from Stride participated in the tournament which was sponsored by **TeamUp** and the **FIFA Foundation**. Students from gr. 4-7 were divided into various teams and represented 16 different countries. The participants had a great time making new friends and practicing their soccer skills. Thank you to TeamUp and the FIFA Foundation for their dedication to providing students in the Edmonds community with this once-in-a lifetime event. The TeamUp organization will continue to run a drop-in soccer program at Edmonds Park every week. For more information, contact Sandy at 604-838-6280.



## BRUNO MARS RAFFLE TICKET WINNER!



On Monday, June 22 at 4pm a draw took place for two concert tickets. Congratulations to Natasha C of Vancouver whose name was selected through the random draw online. The Stride Avenue Community Council (SACC) extend a huge thank you to everyone who supported this raffle. **Over \$1000 was raised** through this fundraiser to help build a playground for the new Stride School.

## A FEW WORDS FROM SACC CHAIR, SARA NIEKAMP

We wish Amy Hsiao, Secretary-Treasurer of SACC the very best of luck as she leaves Stride since her two children are transitioning to high school. Amy has been an active volunteer with SACC for seven years and has taken on different responsibilities during this time.

As we wrap up another incredible year at Stride, I also want to take a moment to thank each and every one of you for your commitment, your energy and your heart. You are all part of a larger team that truly makes Stride have pride – a community where every small act of kindness, every volunteer hour, and every shared idea add up to something wonderful.



## FUNDRAISING UPDATES FROM THE SACC



Thank you to everyone for your generous support of our SACC fundraising initiatives this year. We raised \$5,186,57 for programs, events and the students at Stride. We also raised \$4,244.24 for the new playground that will eventually be built at Stride.

## SUMMER AT ECC – FREE SUMMER PROGRAM FOR GRADE 5–7 STUDENTS



Edmonds Community Centre (ECC) is offering a free summer program for students who are currently in Grades 5–7. Summer at ECC gives students the opportunity to enjoy lunch and participate in a variety of fun activities, including sports, crafts, and swimming.

### Program Details:

- Dates: Every Tuesday and Thursday, July 7 – August 13
- Time: 12:30 p.m. – 2:30 p.m.
- Cost: Free!

Space is limited, so families are encouraged to register early.

The program is led by ECC Youth Program Coordinators Dean and Shanti. For more information or to register, please contact Dean at [dean.valdecantos@burnaby.ca](mailto:dean.valdecantos@burnaby.ca).

## Stride Avenue Community School – Important Dates 2026/2027

*Revised May 2026*

First Day of School (9am-10am)	September 8, 2026
Pro-D Day	September 25, 2026
National Day for Truth & Reconciliation	September 30, 2026
Thanksgiving	October 12, 2026
Pro-D Day	October 23, 2026
Remembrance Day	November 11, 2026
Pro-D Day	November 20, 2026
Winter Vacation	December 18, 2026 – January 1, 2027
School Re-Opens	January 4, 2027
Pro-D Day	February 12, 2027
Family Day - School Closed	February 15, 2027
Spring Break	March 15, 2027 – March 25, 2027
Good Friday	March 26, 2027
Easter Monday	March 29, 2027
School Re-Opens	March 30, 2027
Pro-D Day	April 26, 2027
Victoria Day	May 24, 2027
Pro-D Day	May 31, 2027
Last Day of School (9am-10am)	June 29, 2027

- **Early dismissal** for Parent Teacher Conferences (Fall or Spring), Welcome to Kindergarten (Kindergarten students will probably be dismissed early that day), and Sports Day (June). **Dates** will be confirmed as soon as possible.

## POWER FULL KIDS – EAT WELL PROGRAM AT STRIDE



For the past several years, Stride Avenue Community School has been fortunate to receive the Power Full Kids Eat Well Grant from the President's Choice Children's Charity. This funding has been instrumental in supporting our daily breakfast and snack program, helping to ensure that students have access to nutritious food throughout the school day.

Each day, we provide breakfast to approximately 35–50 students and healthy snacks to about 60 students. Thanks to the generous support of this grant, we can offer well-balanced breakfasts that may include cereal, oatmeal, milk, yogurt, cheese, fresh fruit, and toast. Our snack program provides fresh fruits and vegetables to students at morning recess.

In addition to providing nutritious food, this funding supports food-based learning opportunities that empower students with valuable life skills. Through hands-on activities, children learn about growing, preparing, and cooking healthy foods, helping to build lifelong habits that support their well-being.

We have applied for the grant again for the upcoming school year and are hopeful that we will receive funding so that we can continue offering this important breakfast and snack program to the students who rely on it.

**We would also like to thank the following for their generous support of our events, programs and students at Stride this year:**

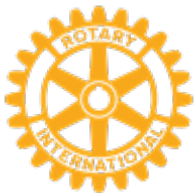


Volunteers from the Buddhist Tzu Chi Foundation, visit our school every Friday to prepare a special breakfast for students participating in our breakfast program. The Tzu-Chi Foundation also provided a generous donation in support our community room programs at Stride.



Backpack Buddies®

Backpack Buddies donates weekly bags that go home with families providing additional food security on the weekends.



We are grateful for the ongoing support of the Rotary Clubs in our community and their commitment to the students of Stride. The Rotary Club of Deer Lake organizes the Boots for Kids program ensuring that students have appropriate footwear for the colder months. The Rotary Club of Metrotown organizes the Coats for Kids program, providing warm winter coats to students who need them.



Each year parents and students from Stride apply for Neighborhood Small Grants through the Burnaby Neighborhood house. These grants provide additional funding for events and program supplies for our students.



Big Brothers  
Big Sisters

This year at Stride we began a partnership with the Big Brothers and Big Sisters of the Lower Mainland. Each week we had a few mentors come and work with some of our Stride students. We hope to continue this program again next year.



We would like to thank the South Burnaby Metro Club for its ongoing support of the students and families at Stride. The Club assists families with the soccer registration process by helping them access various subsidy programs, removing financial barriers and ensuring that all children can participate in organized sports regardless of their family's circumstances.

This year, the South Burnaby Metro Club also provided a generous donation in support of our Stride Reunion event.



Thank you to Costco for their generous donation of backpacks for our students and for providing weekly food donations throughout the year.



Thank you to Save On Foods at Highgate for their generous donation of gift cards and food that helped support our Stride Reunion and Volunteer tea.



Thank you to Starbucks at Highgate for their donation of coffee for our Stride Reunion.



## STRIDE AVENUE COMMUNITY SCHOOL

### KINDERGARTEN SUPPLIES 2026-2027

The school will open School Cash Online in September and collect  
**\$35 per student.**

This amount will cover the following supplies.

If you prefer to purchase your child's school supplies yourself, please refer to the below supply list and inform your child's teacher the first day of school.

- 1 package of 6 DuoTangs (with prongs inside, not folder)
- 1 package **CRAYOLA WASHABLE** Markers (large fat ones)
- 1 pair scissors
- 1 package Large Expo white board markers (not skinny ones please)
- 8 black sharpies
- 1 package of pencil crayons
- 8 **LARGE ELMER'S ALL PURPOSE PURPLE** glue sticks
- 1 Clipboard (see example on opening day - wood please)
- 2 packages regular-sized **CRAYOLA** crayons
- 1 package Crayola Colour of the World Crayons (Pack of 24)
- 4 cans Playdough
- 1 package Crayola modelling clay (air dry clay white)
- 3 small packs Kinetic Sand
- 1 box of Kleenex
- 3 boxes of **LARGE ZIPLOC** clear freezer bags
- 1 **LARGE** backpack (needs to carry library books and notices) **\*\*please remember to label backpack with your child's name**



Please note the requested brand of items in the bold print. These brand recommendations are based on the best quality and value for money. Similar items of poorer quality tend to break easily and/ or need replacing too frequently.



Also, please send along 2 healthy snacks (e.g. cheese and crackers, fresh fruit or vegetables) with your child each day. Please do not send your child to school with lace up shoes that they cannot tie independently.

We will be outside everyday, please wear weather appropriate clothing (rainboots, waterproof jacket, umbrella etc.)

# STRIDE AVENUE COMMUNITY SCHOOL



## PRIMARY SUPPLIES 2026-2027

The school will open School Cash Online in September and collect  
**\$35 per student.**

This amount will cover the following supplies.

If you prefer to purchase your child's school supplies yourself, please refer to the supply list below and inform your child's teacher the first day of school.

- 1 package Crayola Washable Broadline Markers (Pack of 10 - Original)
- 1 pair scissors-pointed (Brand: Fiskar or Westcott)
- 1 package Expo Low-Odour Dry Erase Markers black - Chisel Tip (Pack of 4)
- 1 package Expo Low-Odour Dry Erase Markers black - Fine Tip (Pack of 4)
- 1 package black Sharpies - Fine Tip (Pack of 5)
- 1 package Crayola Coloured pencil (Pack of 24)
- 1 package HB-2 Pencils (Pack of 12)
- 4 DuoTangs
- 4 Elmer's All Purpose glue sticks (40gr. - NO purple)
- 2 Staples erasers (pack of 2)
- 1 box of clear LARGE ZIPLOC freezer bags (seal top - 14 bags)
- 1 box of Royal Tissue

Please note these brand recommendations are based on the best quality and value for money. Similar items of poorer quality tend to break easily and/ or need replacing too frequently.



Also, please send along 2 healthy snacks (e.g. cheese and crackers, fresh fruit or vegetables) with your child each day. Please do not send your child to school with lace up shoes that they cannot tie independently.

We will be outside everyday, please wear weather appropriate clothing (rainboots, waterproof jacket, umbrella etc.)

## STRIDE AVENUE COMMUNITY SCHOOL



### INTERMEDIATE SUPPLIES 2026-2027

The school will open School Cash Online in September and collect  
**\$35 per student.**

This amount will cover the following supplies.

If you prefer to purchase your child's school supplies yourself, please refer to the below supply list and inform your child's teacher the first day of school.

Please remember to label all supplies with student's name:

- 2 packages lined paper
- 1 Blue Hilroy Notebook - Plain White
- 1 Yellow Hilroy Notebook - Half Ruled/Half Plain
- 1 Red Hilroy Notebook - Ruled
- 1 package watercolour paper (light to medium weight)
- 1 set of watercolour paints
- 1 package LAURENTIAN or CRAYOLA pencil crayons (24's)
- 1 package thick CRAYOLA felt pens (8's)
- 1 package thin CRAYOLA felt pens (24's)
- 3 highlighters (different colours)
- 2 black fine point SHARPIES
- 3 black fineliners (0.5mm)
- 2 packages H.B. pencils (12's) (e.g. STAEDTLER or PAPERMATE)
- 1 pencil sharpener with shavings receptacle
- 2 white erasers
- 6 pens (black or blue)
- 2 red pens
- 3 large glue sticks (1 per term)
- 1 liquid glue
- 1 package EXPO dry erase markers (4-colour pack) and eraser
- 1 1 ½" binder (no zippered binders)
- 1 package of 8 subject dividers
- 1 double pocket folder
- 2 duotangs
- 1 pair scissors
- 1 supply case (no larger than 20cm/8" long)
- 1 30 cm metric ruler (non-flexible)
- 1 basic calculator (no need for a scientific calculator)
- 1 geometry set (clear, transparent)
- 1 box of facial tissues
- 1 set of wired earbuds or headphones (AUX)



## SUMMER FUN

Check the following links for free and low-cost summer activities for your family.

[Free outdoor movies](#)

[City of Burnaby Calendar of Summer Events](#)

[Burnaby Neighborhood House - Calendar of Summer Events](#)

[Burnaby Public Library Events](#)

[New Westminister Public Library Events](#)

[New Westminister Calendar of Summer Events](#)

[Metro Vancouver Playground Guide](#)

[Landmark Cinemas \(New Westminister\) - \\$2 movies](#)

[Day of Play at Willingdon Heights - June 27th](#)

[Canada Day Events in Burnaby](#)

[Canada Day Events in New Westminister](#)

[Symphony in the Park - July 18th](#)

[Opera in the Park - July 19th](#)

[Burnaby Pride - July 25th](#)

[Art in the Park \(Edmonds Park\) - July 31](#)

[Burnaby Blues and Roots Festival - August 8th](#)

[Outdoor Concert at Popular Park - August 20th](#)

[Car Free Day Party on Edmonds - August 30th](#)

[Willingdon Community Fair - September 2nd](#)



5-18 years old

# SUMMER FUN PASS

for children and youth

**It's back!**  
**\$20<sup>+</sup> GST**

Stay active this summer with access to drop-in activities at recreation facilities.

Dive in for a swim, play badminton with friends or move to the beat in a fitness class and so much more.

**Sales start May 29**

Valid June 26-September 8, 2026. Available for Burnaby residents. (Age restrictions may apply to some activities.)

[Burnaby.ca/BeActivePass](http://Burnaby.ca/BeActivePass)



# Heat can be dangerous!

## Tips to help seniors prepare for heat

### Talk to your family doctor or nurse practitioner about your heat plan

- Some conditions and medications can make heat more dangerous
- Heat is especially risky for seniors



### Use water to cool down



- Drink plenty of water
- Wear wet clothing or damp towels
- Put an ice pack against your neck
- Take cool baths or showers
- Place your feet in cool water

### Make plans for someone you know to check on you



- Check-ins should be at least twice a day when it is very hot

### Keep your home cool and watch its temperature



- Keep windows and blinds closed during the day and open them at night
- If your home is over 31°C, go to a building with air conditioning. If you can't, use water to cool down.
- Fans don't cool the air, so don't blow hot air at yourself. It can make you hotter, not cooler. Use fans to move cool air in from outside.

### Learn the signs of heat exhaustion vs heat stroke



Heat exhaustion is not as dangerous as heat stroke but can lead to heat stroke. Call 8-1-1 for advice if you have symptoms.

#### Heat Exhaustion:

- Feeling sick/throwing up
- Headache/muscle cramps
- Rapid heart beat and breathing
- Skin rash or heavy sweating
- Take action: move to a cool space, drink water, cool skin with water

#### Heat Stroke:

- Dizzy/fainting
- Confused
- Less coordinated
- Very hot/red skin
- Take urgent action: Call 911 or take someone to a hospital, bathe in cool water or cover with wet towels until help arrives

#### Download this poster in another language:



العربية - Arabic



فارسی - Farsi



한국어 - Korean



Español - Spanish



ትግርኛ - Tigrinya



繁體中文 - Traditional Chinese

Part of a Burnaby-based project to respond to extreme heat events.

For more tips, visit [fraserhealth.ca/heatsafety](https://fraserhealth.ca/heatsafety)



# COOLING CENTRES

In times of extreme heat, you can visit an air-conditioned Cooling Centre at one of four community centres in Burnaby. They will be open to all, with seating, drinking water, washrooms and free Wi-Fi.

**HOURS: 10 am-10 pm** (daily until extreme heat has ended.)

## COOLING CENTRES:

**1. TEMPORARY CAMERON COMMUNITY CENTRE**

The City of Lougheed Shopping Centre, 110-9855 Austin Avenue



**2. EILEEN DAILY LEISURE POOL AND FITNESS CENTRE**

(Closed June 1-July 5)  
240 Willingdon Avenue



**3. EDMONDS COMMUNITY CENTRE**

7433 Edmonds Street



**4. BONSOR RECREATION COMPLEX**

6550 Bonsor Avenue



An outdoor pop up cooling station will also be operated by the Society to End Homelessness in Burnaby at:

**5. CIVIC SQUARE**

Central Boulevard and McKay Avenue



**Did you know?** You can also go to any public City facility during operating hours to find relief from the heat.

**[Burnaby.ca/ExtremeHeat](http://Burnaby.ca/ExtremeHeat)**

