



STRIDE AVENUE COMMUNITY SCHOOL

7014 Stride Avenue – Burnaby – BC V3N 1T4
604-296-9032

StrideAvenue.Info@Burnabyschools.ca

STRIDE SPORTS DAY – FRIDAY, MAY 15TH, 2026

We will be celebrating Sports Day on **Friday, May 15th** rain or shine.

All students from kindergarten to grade 7 will be involved.

Outside Sports Day: Primary students (K-3) will be grouped together and rotate through stations on the north side of the school (**including the small parking lot**), the blacktop, and the gym. Intermediate students (4-7) will rotate through stations using just the field.

Inside Sports Day: Primaries will rotate using the gym and classrooms on the bottom floor and intermediates will be upstairs.

Parents are more than welcome to come and watch the events.

Sports Day will happen rain or shine so all students need to be at school on time at 9:00 a.m. Here is the outline for an outside day: (Inside Day: times stay the same, events TBD)

9:00 Attendance in classrooms

9:20 Teams assemble in houses on basketball court (or gym if raining)

- Preschool Race & Team Cheers

9:50 Stations begin: 6 stations (approx. 15 mins/station)

11:30 Stations end

11:40 Tug of War

- Intermediates head to grassy end (east) of field for Tug of War

- Primaries can stay on blacktop and have a Dance Party or watch

12:10 Return to classrooms for lunch

12:15-12:45 Lunch

12:45 Attendance in classrooms

Final scores announced

1:00 Early Dismissal for ALL students

Sports Day Reminders:

1. Please dress your child appropriately for the weather. If sunny, please apply sunscreen on your child, wear a hat, maybe sunglasses, t-shirt, shorts and **RUNNERS - NO sandals, Crocs or flip flops!** A water bottle is encouraged, **please make sure your child's full name is written on it.** If raining, t-shirt and shorts are still recommended as it will be muggy and warm inside.



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2. There will be a concession stand for visitors set up in the Gallery for purchase of food and drinks. Lunches can be pre-ordered through [School Cash Online](#).
Pre-orders will be delivered to student classrooms. Deadline to order is MAY 11TH.
3. A limited number of Stride T-Shirts (size M, L, XL) will be available at the office for the price of \$20 (cash only).
4. There is an **early dismissal at 1:00 p.m.**
5. Don't forget – Your child can help their house team earn points by wearing the following colours:
Monday (11th)-BLUE, Tuesday (12th)-GREEN, Wednesday (13th)-Red and Thursday (14th)-Yellow.
Friday (Sports Day): wear own house team colour.

Thank you,
Stride's Sports Day Committee