

SPRING SKILLS BASKETBALL PROGRAM



GRADES 6 - 8

BUILD CONFIDENCE. IMPROVE SKILLS. DEVELOP CONSISTENCY.

THE SPRING SKILLS BASKETBALL PROGRAM IS A STRUCTURED, SMALL-GROUP TRAINING PROGRAM FOCUSED ON SKILL DEVELOPMENT, CONFIDENCE BUILDING, AND GAME APPLICATION IN A POSITIVE ENVIRONMENT. DESIGNED TO COMPLEMENT SCHOOL AND CLUB BASKETBALL.

 DATES

MARCH 31 - MAY 1ST

LOCATION 

CONFEDERATION PARK ELEMENTARY SCHOOL GYM

 DAYS

TUESDAYS & FRIDAYS

 CAPACITY

LIMITED TO 16 ATHLETES

 TIME

5:30 PM - 6:30 PM

WEEKLY STRUCTURE

- TUESDAYS - SKILL DEVELOPMENT FOCUS
- FRIDAYS - 20 MINUTES SKILL WORK + 40 MINUTES GUIDED GAMEPLAY

PROGRAM COST

FULL PROGRAM (24 SESSIONS): \$750

MONTHLY OPTION AVAILABLE: \$275

REGISTER NOW

REGISTER ONLINE AT
PENNEYSNOFLUKES.COM

SCAN TO REGISTER



EMAIL:

PENNEYSNOFLUKES@GMAIL.COM



LED BY DAVID PENNEY

FORMER SFU VARSITY BASKETBALL PLAYER, PROFESSIONAL PLAYER & EXPERIENCED YOUTH COACH