

Newsletter # 5

January 31, 2025

Stride Community School Newsletter



Principal - Mr. K. Chow
Head Teacher – Mr. D. Cockram
Administrative Secretary - Mrs. Giovanetti

7014 Stride Avenue
Burnaby, B.C. V3N 1T4
604-296-9032

It's a Matter of "Principal"

Dear Families,

We hope this message finds you well! As part of our continued efforts to foster a positive and supportive learning environment, we are excited to inform you about the implementation of Positive Behaviour Intervention and Support (PBIS) here at Stride.

What is PBIS?

PBIS is a proactive approach that promotes positive behavior by teaching students the expected behaviors and rewarding those who follow them. It is a school-wide framework aimed at creating a positive school culture where all students feel safe, respected, and engaged in their learning.

Instead of focusing solely on punishing misbehavior, PBIS emphasizes teaching students what it means to act appropriately and how to manage their own behavior. By reinforcing positive behavior, we create a supportive environment that benefits every student and helps them thrive.

Why is PBIS Important?

The goal of PBIS is not just about reducing behavioral issues but to help students build lasting skills that will support their success in school and beyond. Here's why PBIS is so important:

1. Encourages Positive Relationships: By reinforcing positive behaviors, we help build stronger relationships between students, teachers, and staff.
2. Improves School Climate: A consistent approach to discipline ensures that every student understands the expectations and the rewards that come with meeting them. This helps to create a more harmonious, respectful school environment.
3. Promotes Emotional and Social Skills: PBIS teaches students how to navigate difficult situations, manage emotions, and communicate effectively with others—skills that are crucial both inside and outside of the classroom.
4. Increases Academic Success: A positive school environment is directly linked to improved focus and academic achievement. Students who feel safe and valued are more likely to engage with their learning and perform better in class.

How PBIS Will Work at Stride?

- Clear Expectations: We will establish and communicate clear behavioral expectations in all areas of the school—classrooms, hallways, playground, etc.
- Teaching and Reinforcement: Teachers will explicitly teach and model the behaviors we expect from students. Positive behaviors will be recognized and celebrated through rewards, incentives, and praise.
- Consistent Consequences: When behavior expectations are not met, students will be supported in understanding the consequences and how to improve their behavior in the future.

Thank you for your ongoing support as we continue to build a positive, nurturing environment for all students at Stride. We are excited about the positive changes that PBIS will bring to our school community!

Sincerely,

Kelly Chow
Principal

Website - Our school website is filled with information. Visit: stride.burnabyschools.ca

Follow us on X (formerly Twitter)

To follow us at Stride go to <https://twitter.com/StrideSD41>

What is X? X is a free social networking service that allows registered members to broadcast short posts called tweets. X, and 'tweeting', is about broadcasting daily short burst messages to the world, with the hope that your messages

SCHOOL COMMUNITY NEWS

On the **Stride Avenue Community Council**, the position of Treasurer is currently vacant. If you are interested in the role of Treasurer and have experience with accounting or bookkeeping, please contact the Community Office at 604-838-6280. There will be an election at the SACC General Meeting on February 4 to fill this position.

The **SWIS Coffee and Conversation** group will continue alternate Thursday mornings, February 6, February 20 and March 6 from 9-1030am. Come and meet us in the Community Room to hear from special guests and to join the conversation!



English Conversation and Women's Empowerment Group Thanks to a generous grant from the United Way, we will be offering a few more English Conversation sessions with childminding available. Parents attending these sessions work with a certified ELL instructor to improve their conversational English. These classes will take place on February 5, 12, 19 and 26 from 1-2:30pm in the Community Room. Please contact at 604-838-6280 or email at sandhya.krishna@burnabyschools.ca

Fundraising Campaign for Emergency Preparedness and Safety Kits for your family, please purchase via School Cash Online from January 31 to February 17th. See the attached flyer for details.

SAVE THE DATE!

Calling all parents, caregivers and professionals! Join us for our annual Parent Learning event dedicated to promoting children's well-being and fostering strong connections.



BURNABY
FAMILY LIFE
A PLACE TO GO... A PLACE TO GROW!



PARENT
LEARNING
EVENT 2025



Registration
opening
soon!



When: Saturday, March 1, 2025



Time: 9am-3pm



Where: Scandinavian Community Centre,
6540 Thomas St, Burnaby, BC V5B 4P9

SCHOOL COMMUNITY NEWS



**BURNABY
FAMILY LIFE**
A PLACE TO GO... A PLACE TO GROW!



Nobody's Perfect

An educational and supportive program for parents with children aged 0-8 years

- Do you find yourself feeling like you don't have enough time for yourself and sometimes becoming too exhausted to be patient with your child?
- Do you wish to understand your child better and become a more effective parent?

This program is designed to help you get to know your child better while equipping you with valuable skills and tools to boost your confidence as a parent. It's essential to remember that none of us are perfect – we all have our challenges. **Nobody's Perfect!!**

**Free child care available for children 18 months to 10 years with pre- registration.
Snacks and bus tickets are provided, if required.**



**8 weekly sessions, every Friday
starting February 07, 2025
12:30 to 2:30pm**



**Edmonds Community Resource Centre -
Room 205
7355 Canada Way, Burnaby**



**Facilitator: Kathryn Dula (Early Childhood Educator & Nobody's
Perfect Facilitator)**

To register please visit
<https://www.burnabyfamilylife.org/>
Or
Scan QR Code
call 604-659-2200
email: bfl_info@burnabyfamilylife.org

REGISTER NOW



CALLING ALL KIDS

AGES 3-12!

Join the Kids Challenge
Superhero Training Camp

**BFL'S
KIDS CHALLENGE**
2025



**ADMISSION
IS FREE**

**GET READY FOR AN
ACTION-PACKED AND
FUN-FILLED DAY**

HAVE FUN AT INTERACTIVE
STATIONS, DEVELOP SKILLS,
TEAMWORK, LEARN MORE
ABOUT BFL PROGRAMS AND
MUCH MORE...

**Saturday
March 8, 2025**

10:00AM TO 1:00PM
Stride Community School
7014 Stride Avenue, Burnaby

BONUS

LOTS OF FUN PRIZES
AND GIVEAWAYS!



**CONTACT US FOR
MORE DETAILS**

bfl_info@burnabyfamilylife.org
www.burnabyfamilylife.org
604-659-2200



**BURNABY
FAMILY LIFE**

STRIDE AVENUE COMMUNITY COUNCIL FUNDRAISING WITH SAFETY IN MIND!

Safety and Emergency Preparedness Starts with You Be Prepared for Unexpected Emergency Situations

Help us raise funds while you stay safe!

Proceeds will go towards students' school related activities.

Please select from these 5 kits for your family, friends or colleagues.



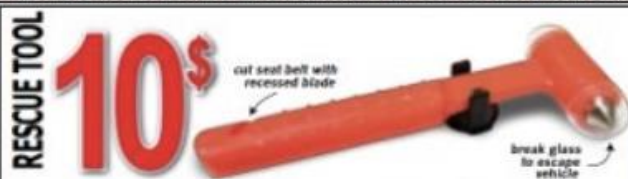
Please place your order on [School Cash Online](#) by Feb 17th, 2025

Pick-up date and location will be sent via email once the kits arrive at Stride.

Thank you for your Support!

For more information, please contact Joan at 604-418-1998 or joanjoan1212@hotmail.com

or Colleen at 778-847-0814 or colleenozee2@gmail.com



RESCUE TOOL 10\$ Emergency Safety Hammer + Seat Belt Cutter

This safety hammer is a must have in every vehicle!

In certain collisions the doors will jam and won't open, in many cases your life or that of your loved ones will depend on a quick and safe escape.

Dimensions: 2.5"(W) x 6.75"(H) x 0.75"(D) **Weight:** 0.15 lbs.



HOME KIT 10\$ FR202 Essential First Aid Kit

[1] Kit scissor, [1] Tweezer, [10] Antiseptic towelettes, [3] Hand cleansing wipes, [12] Adhesive bandages, [6] Gauze pads 2x2, [2] Povidone-Iodine prep pad, [2] Butterfly wound closures, [2] Knuckle adhesive bandages, [1] Conforming gauze bandage, [1] First aid instructions, [1] Examination gloves (pair), [1] First aid tape, [1] Nylon case



FAMILY KIT 20\$ FR302 Family First Aid Kit

[10] Adhesive junior bandages, [2] Fingertip adhesive bandages, [1] Adhesive tape, [1] Hand sanitizer wipes, [1] Tweezer, [1] Triangular bandage, [1] Instant cold compress, [2] Knuckle adhesive bandages, [5] Alcohol prep pads, [15] Adhesive bandages, [5] Antiseptic towelettes, [1] Scissor, [3] Gauze pads 2"x2", [3] Gauze pads 3"x3", [2] Povidone-Iodine prep pads, [2] Adhesive patch bandages, [1] Trauma dressing, [1] Pair of examination gloves, [1] First aid instructions, [1] Nylon case

Dimensions: 6.5"(W) x 5"(H) x 2"(D) **Weight:** 0.65 lbs.



AUTO KIT 20\$ FR301 Auto Safety Kit

[1] Poncho, [1] Flashlight with handle charger, [1] Seat belt cutter, [1] Thermal rescue blanket, [1] Nitrile dipped gloves (pair), [1] Plastic whistle, [1] SOS signaling flag, [1] Emergency tub candle, [1] Pack of matches, [1] Hand warmer BHR (pair), [2] Antiseptic towelettes, [1] Povidone-Iodine prep pad, [5] Adhesive bandages, [2] Knuckle adhesive bandages, [2] Fingertip adhesive bandages, [5] Adhesive junior strips, [2] Alcohol prep pads, [2] Hand cleansing wipes, [1] Nylon zipper case with velcro back

Dimensions: 7"(W) x 3"(H) x 6.5"(D) **Weight:** 0.85 lbs.



SURVIVAL KIT 100\$ 2 PERSON 72HR SURVIVAL KIT FR501 Heavy Duty Nylon Backpack

[1] 10L Water Jug, [20] Water purification tablets, [2] Emergency food ration bars, [2] Thermal rescue blankets, [2] LightSticks, [3] Sanitary napkins, [2] Ear loop face masks, [2] Toilet paper rolls, [2] Plastic whistles, [1] Flashlight with handle charger, [2] Ponchos, [2] Biohazard waste bags, [1] Plastic emergency sheeting, [1] Roll of duct tape, [1] Multifunction knife, [1] Emergency candle, [1] Pack of matches, [2] Antiseptic towelettes, [1] Povidone-Iodine prep pad, [5] Adhesive bandages, [2] Knuckle adhesive bandages, [2] Fingertip adhesive bandages, [5] Adhesive junior strips, [2] Alcohol prep pads, [2] Hand cleansing wipes, [1] Nylon backpack

Dimensions: 11.5"(W) x 15"(H) x 6"(D) **Weight:** 6.5 lbs.



First Aid Kits - useful and practical gift ideas for everyone.

- Quality manufactured first aid kits
- Health Canada Registered Facility
- A great gift showing you care



Canadian Safety Supplies

SUPPLIER OF FIRST AID AND SAFETY PRODUCTS

www.canadiansafetysupplies.com