

Rosemary Brown Fall 2025

Arena Schedule

Effective dates: September 8-December 13, 2025

Special schedules in effect: Sep 26, 30, Oct 11-13, 24, Nov 7-11 & 21, Dec 14-21 (schedules are subject to change)

Inline skate rentals are available for a fee. Helmets are no charge to borrow. Toonie skate includes rental fees.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Recreational Hockey 10-11:15 am 50 yrs+ Rink B (Reserve In Advance)	Lap Skate 10:15-11:30 am 8 yrs+ Rink A	Recreational Hockey 10-11:15 am 50 yrs+ Rink B (Reserve In Advance)	Shoot & Score 11:30 am-12:45 pm 18 yrs+ Rink B (Reserve In Advance)	Recreational Ringette 10-11:15 am 18 yrs+ Rink A (Reserve In Advance)	Public Skate 5-7:15 pm All Ages Rink A	Public Skate 1:45-4 pm All Ages Rink A (Time change starting Oct 19: 1:45-5:15 pm) (Cancelled Oct 26)
Shoot & Score 11:30 am-12:45 pm 18 yrs+ Rink B (Reserve In Advance)	Shoot & Score 11:30 am-12:45 pm 18 yrs+ Rink B (Reserve In Advance)	Shoot & Score 11:30 am-12:45 pm 18 yrs+ Rink B (Reserve In Advance)	Toonie Skate 11:45 am-1 pm All Ages Rink A	Recreational Hockey 11:30 am-12:45 pm 18 yrs+ Rink A (Reserve In Advance)	Toonie & Activity Skate 7:30-9 pm 13-17 yrs Rink A (Cancelled Oct 25)	Parent & Tot Skate 4:15-5:15 pm 2-5 yrs with adult Rink A (Ends Oct 19)
Parent & Tot Skate 1:15-3:15 pm 2-5 yrs with adult Rink A	Toonie Skate 11:45 am-1 pm All Ages Rink A	Figure Skating 12:15-1:30 pm 18 yrs+ Rink A (Reserve In Advance)	Toonie & Activity Skate 3:15-4:45 pm 8-17 yrs Rink A	Public Skate 1-3:15 pm All Ages Rink A		
Lap Skate 7:30-8:45 pm 8 yrs+ Rink A	Parent & Tot Skate 1:15-3:15 pm 2-5 yrs with adult Rink A		Family Skate 5-7:15 pm Adults 16 yrs+ with children Rink A			
	Public Skate 6-8:15 pm All Ages Rink A (Cancelled Oct 28)		Lap Skate 7:30-8:45 pm 8 yrs+ Rink A			

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Fitness Schedule

Effective dates: September 8-December 20, 2025 (schedules are subject to change)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Zumba® Kids Jr 4:45-5:30 pm 4-6 yrs Shahla Multi-Purpose 2 (Cancelled Oct 13 & Nov 10) (Reserve In Advance) ●	Hatha Yoga 9:15-10:30 am Michelle Multi-Purpose 1 (Cancelled Sep 30 & Nov 11)	Zumba® Gold 9:30-10:30 am Shahla Multi-Purpose 1	Hatha Yoga 11 am-12:15 pm Sasha Multi-Purpose 1	Total Body Conditioning 10:45-11:45 am Mayu Multi-Purpose 1 (Cancelled Nov 7)	Zumbini® 12:45-1:30 pm Elizabeth Multi-Purpose 2 (Starts Oct 11)	
Zumba® Kids 5:45-6:30 pm 7-11 yrs Shahla Multi-Purpose 2 (Cancelled Oct 13 & Nov 10) (Reserve In Advance) ●	Circuit Training 10:45-11:45 am Elizabeth Multi-Purpose 2 (Starts Oct 14) (Cancelled Nov 11)	Workout Lite 10:45-11:45 am Shahla Multi-Purpose 1		Zumba® Kids Jr 4:45-5:30 pm 4-6 yrs Shahla Multi-Purpose 2 (Cancelled Oct 31 & Nov 7) (Reserve In Advance) ●	Circuit Training 1:45-2:45 pm Elizabeth Multi-Purpose 2 (Starts Oct 11)	
	Zumbini® Noon-12:45 pm Elizabeth Multi-Purpose 1 (Starts Oct 14) (Cancelled Nov 11)	Total Body Conditioning 6:15-7:15 pm Silvia Multi-Purpose 2		Zumba® Kids 5:45-6:30 pm 7-11 yrs Shahla Multi-Purpose 2 (Cancelled Oct 31 & Nov 7) (Reserve In Advance) ●	Zumba® Senato 3-4 pm Elizabeth Multi-Purpose 2 (Starts Oct 11)	
	Workout Lite 6:30-7:30 pm Shahla Multi-Purpose 1 (Cancelled Sep 30 & Nov 11)					
	Zumba® 7:30-8:30 pm Andrea Multi-Purpose 2 (Cancelled Sep 30 & Nov 11)				Intensity Levels ● Mild / All levels ■ Moderate ▲ Moderate-Intense ◆ Intense	